

Since you're metabolically unique, your supplements should be as well. Now, a Customized Nutrition Program . . . Designed Just for You!



Designs for Health Metabolic Profiles:

4300 Comprehensive Metabolic Profile*

- OrganixSM Profile
- Lipid Peroxides
- BloodspotSM Fatty Acids
- Bloodspot IgG Food Antibodies

4310 Metabolic Profile

- OrganixSM Profile
- Lipid Peroxides

4320 Metabolic Profile plus FA*

- OrganixSM Profile
- Lipid Peroxides
- BloodspotSM Fatty Acids

4330 Metabolic Profile plus AA*

- OrganixSM Profile
- Lipid Peroxides
- Bloodspot Amino Acids

How can I benefit from a Customized Nutrition Program?

- Are you chronically fatigued? In pain? Tired of hearing “**there’s nothing wrong with you?**” State-of-the-art Metabolic Profiles identify areas of imbalances not typically revealed by standard lab tests.
- The program is **cost-effective**, since the testing confirms the nutrients you actually need.
- Most chronic illnesses are caused by metabolic imbalances. The Customized Nutrition Program can identify those imbalances before you even have symptoms. It **promotes health care, not disease care!**
- The Customized Nutrition Program **supports and augments other therapies**. You’ll respond better to other therapies by addressing foundational metabolic issues.

What do the Designs for Health Metabolic Profiles measure?

The Designs for Health Metabolic Profiles are actually combinations of five (5) different sub-profiles, allowing your clinician to select the Metabolic Profile that best fits your needs. The sub-profiles include organic acids, lipid peroxides, fatty acids, food sensitivities, and amino acids. Each of these reveals information about your nutrient status and provides specific recommendations based on your results.

Urine Organic Acids

From a single urine specimen, the OrganixSM Profile provides important information about:

- **B-Vitamin Status**
From B1 to B12, including biotin, these nutrients are co-factors in literally thousands of metabolic processes.
- **Energy Production**
Cellular engines, called “mitochondria,” are responsible for generating our cells’ energy. Without proper nutrients, mitochondrial dysfunction can lead to chronic pain and fatigue.

Continued on the next page



800-FOR-HEALTH (800-367-4325)

www.metamatrix.com

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Urine Organic Acids continued

- **Neurotransmitters**
Disruption of neurotransmitter production can lead to a variety of conditions, including anxiety, depression, and sleep disturbances.
- **Detoxification**
Our environment constantly challenges us with toxins. This section shows your clinician the capacity of your body to detoxify.
- **Dysbiosis**
Imbalances in the microecology of the gut can lead to the production of toxins and the disruption of the synthesis of several vitamins.

Urine Lipid Peroxides

As the body produces harmful free radicals, antioxidant supplements can help protect cells from damage resulting in oxidation of cell membranes, forming lipid peroxides. High levels of lipid peroxides are associated with cancer, heart disease, stroke, and aging.

*Bloodspot FattySM Acid Profile**

From a simple finger stick, this unique test measures levels of the principle omega-3, omega-6, and trans fatty acids. Ratios of these important eicosanoid precursors provide a sensitive, early indicator of inflammatory risk and cardiovascular disease.

*Bloodspot IgG Food Antibody Profile**

Researchers estimate that at least 60% of the U.S. population suffers from unsuspected food reactions. This finger-stick method tests for 30 of the most commonly positive hidden food sensitivities.

*Bloodspot Amino Acid Profile**

Amino acid insufficiency—whether from low dietary intake, increased demand, or malabsorption—impacts neurotransmitter function, hormone synthesis, nitric oxide production, detoxification, and blood sugar regulation. Fasting blood spot levels can determine the need for supplementation.

**Contact Your Health Care Provider
to Design Your Customized Nutrition Program!**



*Not available in New York

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quality • innovation • educationSM
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